



Important School District Message

May 1 update

Dear CWC School Community,

Below are some resources/reminders/updates. Have a restful weekend, and please stay safe!

Sincerely, James Heinegg

1. Resources for supporting children in a time of grief. The National Center for Grieving Children & Families (The Dougy Center) shares these resources:

[Supporting Grieving Children and Teens During the COVID - 19 Global Health Crisis](#)
[Supporting Children and Teens When Someone is Dying](#)

2. Cybersecurity. The CWC IT Department shares the following message:

The NJ Cybersecurity & Communications Integration Cell security solution has identified and blocked multiple COVID-19 phishing campaigns, including those

recently impersonating the US Federal Reserve with economic relief options through the Payment Protection Program in order to steal banking credentials. Phishing emails from the "Federal Reserve System" contain the subject line "**Receive payment**" and include a link that, if clicked, directs the victim to a spoofed website with legitimate logos, stock photos, and FAQ section. Clicking on the "Get Economic Impact Payment Now" button displays a drop-down menu of banks to choose from. A login box, containing the selected bank and its logo, then prompts the victim to enter their banking credentials. If entered, an error message will display as the credentials are sent to the attackers in the background. The IT Department reminds users to avoid clicking links, opening attachments, or providing personal or financial information in response to emails from unknown senders and exercise caution with emails from known senders. If you are unsure of an email's legitimacy, contact the sender via a separate means of communication. We also advise users not to take action on emails promising economic relief and, instead, obtain information from official sources. Thank you and stay safe.

3. Free Local Resources. Local individuals/organizations are offering the following: [Free Online](#)

[Fitness/Martial Arts Activities for Children](#)

[Free Zoom Yoga Class for Essential Workers/CWC Staff](#)

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