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calls, but the Lady Knights couldn't find a way to get a final foot on the ball for a finish.

"I do think that today we had a lot more opportunities than they did so that's frustrating to me," Cavallo said. "We were trying to get back on track with a win today and that was absolutely disappointing."

Following Caldwell's early second half goal, West Essex went on the attack, forcing five corner kicks and taking seven shots on goal. At least one shot on net was a golden opportunity, where a player had an open shot with no

one within five feet of her and was less than 10 feet from the net. The shot sailed high over the crossbar, wasting one of West Essex's best scoring opportunities.

"In general right now, we're having issues with finishing, across the board," Cavallo said. "We're getting opportunities and I think we have to realize that opportunities aren't going to come. The higher level games you play, you're going to be getting less and less opportunities."

Both keepers, Amanda Masterson for West Essex and Madeline Caracappa for Caldwell finished the contest with 12 saves.

For West Essex, the loss keeps the Lady Knights winless in their last four contests, and was their third 1-0 loss of the season. The win snapped a three game losing streak for Caldwell and improved them to 2-2 in one goal games played this fall.

"We're starting to believe," Teshkoyan said. "We graduated a lot of good players from our state sectional championship team and it took us a little while to sort of find our footing. This is our team now, no one is kind of missing anyone now, it's who we are. We have good leaders, captains are doing their jobs, so I think we are hitting our stride."

## Slo-break hoops

Registration is being held for the Adult Slo Break Basketball League for residents and/or employees from Caldwell and West Caldwell, ages 25 and up.

Recreation anticipates the league to play on Mondays and Wednesdays beginning in November and continuing to March.

Any team or players interested in participating please contact the West Caldwell-Caldwell Recreation office at 973-226-3621 or visit our website [www.westcaldwell.com](http://www.westcaldwell.com).