

2nd Grade Boys and Girls Lacrosse Clinic

Sponsored by the Caldwell/West Caldwell Lacrosse Club
(this program is open to Caldwell and West Caldwell children only)



The intent of this 5 week program is to have FUN while learning the basic skills of lacrosse: Stick Handling, Cradling, Scooping, Throwing, Catching, Shooting, Dodging and other fundamental techniques and skills. This is a NO CONTACT clinic. No previous experience playing lacrosse is required.

Dates: Saturday's April 21st & 28th, May 5th, 12th, 19th (if needed due to rain - June 2nd)

Time: 10:00 – 11:00 am

Location: Richard's Park (*parents do not need to stay during the clinic*)

Cost: \$60 – Make checks payable to: **Caldwell/West Caldwell Lacrosse Club**

Mail to: Tim Schaffer at 45 Aldom Circle, West Caldwell, NJ 07006 by **Feb. 28th** or;

In Person: Lacrosse sign-ups GCMS Thur, Jan 19th 7-9pm or Sat, Jan 21st 11-1:30pm

Each child will receive their own boys or girls lacrosse stick. All participants should wear sneakers and or cleats, depending on the weather. No other equipment will be needed.

Questions: Please contact Tim Schaffer, phone: 973-228-9198 or email: taschaffer01@yahoo.com

Child's Name: _____ Gender: (*circle one*) Male Female

Phone Number: _____ Email Address: _____

Parent's Name _____ Address _____

Shirt Size: (*Circle One*) Youth/Med. Youth/Large Adult/Small

I give permission for my child to participate in the Caldwell/West Caldwell 2nd Grade Lacrosse

Clinic: Parent/guardian signature: _____